



TOWN OF TRURO  
HEALTH & CONSERVATION DEPARTMENT  
24 Town Hall Road, Truro 02666  
508-349-7004 x119

## West Nile Virus Confirmed in Mosquitoes from Truro

**DATE:** August 6, 2019

**TOWN:** Truro

**CONTACT:** Emily Beebe, RS

**TELEPHONE:** 508-349-7004, ext. 119

**The Massachusetts Department of Public Health (MDPH) announced today that West Nile virus (WNV) has been detected in mosquitoes collected from Truro, Massachusetts.**

WNV is most commonly transmitted to humans by the bite of an infected mosquito. The mosquitoes that carry this virus are common throughout the state and are found in urban as well as more rural areas. While WNV can infect people of all ages, people over the age of 50 are at higher risk for severe infection.

**By taking a few, common-sense precautions, people can help to protect themselves and their loved ones:**

### **Avoid Mosquito Bites**

- **Be Aware of Peak Mosquito Hours** - The hours from dusk to dawn are peak biting times for many mosquitoes. Consider rescheduling outdoor activities that occur during evening or early morning. If you are outdoors at any time and notice mosquitoes around you, take steps to avoid being bitten by moving indoors, covering up and/or wearing repellent.
- **Clothing Can Help** reduce mosquito bites. Although it may be difficult to do when it's hot, wearing long-sleeves, long pants and socks when outdoors will help keep mosquitoes away from your skin.
- **Apply Insect Repellent** when you go outdoors. Use a repellent with **DEET** (N, N-diethyl-m-toluamide), **permethrin**, **picaridin** (KBR 3023), **IR3535** or **oil of lemon eucalyptus** [p-methane 3, 8-diol (PMD)] according to the instructions on the product label. DEET products should not be used on infants under two months of age and should be used in concentrations of 30% or less on older children. Oil of lemon eucalyptus should not be used on children under three years of age. Permethrin products are intended for use on items such as clothing, shoes, bed nets and camping gear and should not be applied to skin.

### **Mosquito-Proof Your Home**

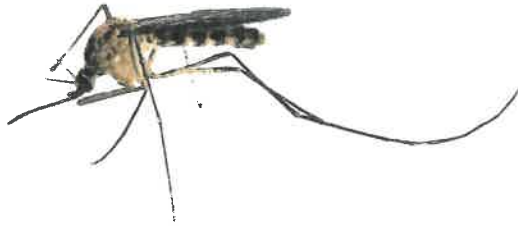
- **Drain Standing Water** – Many mosquitoes lay their eggs in standing water. Limit the number of places around your home for mosquitoes to breed by either draining or getting rid of items that hold water. Check rain gutters and drains. Empty any unused flowerpots and wading pools and change water in birdbaths frequently.
- **Install or Repair Screens** - Some mosquitoes like to come indoors. Keep them outside by having tightly-fitting screens on all your windows and doors.

While the Truro Board of Health continues to work closely with the MDPH and other agencies, locally we are encouraging the public to educate themselves about mosquitos as noted above and also refer them to a video taken in 2018 of an educational forum on responsible and effective pest management, titled "BUG-OFF". This can be viewed at <https://www.truro-ma.gov/health-agent>

Information about WNV and reports of current and historical WNV virus activity in Massachusetts can be found on the MDPH website at: [www.mass.gov/dph/mosquito](http://www.mass.gov/dph/mosquito).



# West Nile virus



West Nile virus (WNV) is the leading cause of mosquito-borne disease in the continental United States. It is most commonly spread to people by the bite of an infected mosquito. Cases of WNV occur during mosquito season, which starts in the summer and continues through fall. There are no vaccines to prevent or medications to treat WNV in people. Fortunately, most people infected with WNV do not feel sick. About 1 in 5 people who are infected develop a fever and other symptoms. About 1 out of 150 infected people develop a serious, sometimes fatal, illness. You can reduce your risk of WNV by using insect repellent and wearing long-sleeved shirts and long pants to prevent mosquito bites.

Prevention

West Nile Virus & Dead Birds

At-A-Glance

Symptoms, Diagnosis, & Treatment

Mosquito Control

- Mosquitoes & Hurricanes
- Communication Resources
- CDC Disease Maps
- West Nile Virus and Other Nationally Notifiable Arboviral Diseases—United States, 2017
- Monitoring and Controlling West Nile Virus: Are Your Prevention Practices in Place? [PDF - 732KB]

Transmission

For Healthcare Providers

Statistics & Maps

Resources



**Mosquito Control**  
Everyone can help...



**Activity and Surveillance**  
Check where WNV is active...



**Feeling feverish?**  
Could it be WNV?

Page last reviewed: December 10, 2018

Content source: Centers for Disease Control and Prevention, National Center for Emerging and Zoonotic Infectious Diseases (NCEZID), Division of Vector-Borne Diseases (DVBD)