

Prepare Ahead ✓  
Survive During ✓  
Be Safe After ✓



# TRURO EMERGENCY MANAGEMENT

## STORM PREPAREDNESS

### Prepare Ahead

- ◇ Know your area's vulnerable areas and storm risks
- ◇ Sign up for ALERTruro
- ◇ Identify the safest parts of your home during high winds, floods and storm surge
- ◇ Gather at least 3 days worth of needed supplies including medications and pet needs
- ◇ Keep important documents in a safe place
- ◇ Protect your property by decluttering drains and gutters
- ◇ Make, regularly check, and restock your emergency kit
- ◇ Review your personal emergency plans and those of the community and region
- ◇ Fill your car gas tank and home fuel tank
- ◇ Anchor or move loose, lightweight outdoor objects inside
- ◇ If needed, go to (or call Truro Police & Fire for a ride) to the nearest shelter
- ◇ Trim or remove trees close enough to fall on your home
- ◇ Cover your home's window with storm shutters or plywood
- ◇ Charge your cell phone and keep it charged. Charge any backup power sources.
- ◇ Turn your refrigerator or freezer to the coldest setting and open only when necessary
- ◇ Fill your bath tub with water which can be used for flushing toilets if power is out
- ◇ Watch or listen for latest weather updates and emergency instructions

### Survive During

- ◇ Evacuate if directed to do so
- ◇ Shelter in appropriate areas of your home depending on threat (highest level with access outdoors if flooding occurs, interior windowless rooms if high winds)
- ◇ Use a generator or gas-powered machinery outdoors only and away from windows
- ◇ Don't travel through flood waters

### Be Safe After

- ◇ Avoid wading in flood water, which can have dangerous debris or be electrically charged
- ◇ Clear snow/obstructions from heating system/dryer vents
- ◇ Be careful during clean-up and wear protective clothing
- ◇ Do not touch electrical equipment if it is wet or if you are standing in water. If it is safe to do so, turn off electricity at the main breaker to prevent shock
- ◇ Save phone calls for emergencies. Use text/ social media to communicate with family and friends
- ◇ Document property damage with photographs and contact your insurance company for assistance

\*Adapted from [www.ready.gov/hurricanes](http://www.ready.gov/hurricanes)\*

For more information, visit the Truro Emergency Management Team's Website at [www.alertruro.org](http://www.alertruro.org)

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## EMERGENCY KIT

Prepare your emergency kit with at least these items:

### BASICS

- Water (1 gallon per person per day for at least 3 days)
- Food (at least a 3 day supply of non-perishable food)
- Battery-powered or hand crank radio and a NOAA Weather Radio and extra batteries
- Flashlight and extra batteries
- First Aid Kit
- Whistle (to signal for help)
- Dust mask
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or plier (to turn off utilities)
- Can opener for food
- Local maps

### ADDITIONAL ITEMS

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water
- Important family documents (insurance policies, bank information, identification, etc.)
- Cash or traveler's checks and change
- Emergency reference material
- Sleeping bag or warm blanket for each person
- Complete change of clothing
- Household chlorine bleach and medicine dropper (Disinfectant- 9 parts water: 1 part bleach. Treated water- 16 drops of bleach: 1 gallon of water)
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Paper and pencil
- Books, games, puzzles, or other activities for children

Or purchase a pre-made kit. Examples of pre-made kits available here:

<https://www.emergencykits.com/residential-emergency-kits/emergency-kits-2-person/home-pack-emergency-kit-2-person/>

<https://www.redcross.org/store/basic-3-day-emergency-preparedness-kit/91051.html>

\*Adapted from [www.ready.gov](http://www.ready.gov) "Emergency Supply List"