

Stroke Awareness and Prevention Presentation

Learn about the signs of a stroke and what to do if symptoms occur, as well as healthy habits and other ways to decrease your risk of having a stroke. Presented by Lisa Lyons, Cape Cod Hospital Stroke Program Manager, and Kristen Siminski, Cape Cod Hospital Physical Therapist.



Where: Truro Community Center
7 Standish Way, North Truro

When: Monday, August 21, 2023
11am- 12:30pm

RESERVE YOUR SEAT

Space is limited. Please contact Truro COA to save your spot.

(508) 487- 2462

This program is brought to you by the Truro COA, Cape Cod Hospital Stroke program, and Cape Cod Healthcare Rehab Services



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