

Kelly Sullivan Clark  
Director  
[recdirector@truro-ma.gov](mailto:recdirector@truro-ma.gov)

Damion Clements  
Asst. Director  
[asstrecdir@truro-ma.gov](mailto:asstrecdir@truro-ma.gov)



## RECREATION & BEACH DEPARTMENT

7 Standish Way  
North Truro, MA 02652  
Phone: (508)487-1632  
Fax: (508)487-0854

Mailings  
P.O. Box 2030  
Truro, MA 02666

Coach,

First, and foremost, we would like to thank you for volunteering your time and energy to be a youth coach. Individuals like yourself help to create a positive experience and bring the community together. We believe that youth coaches have an important role in presenting many life skills. In the words of the National Association of Youth Sports "Volunteer coaches are the backbone of youth sports in America. Without the thousands of parents signing up to coach youth sports every season, the youths sports world would come to a screeching halt!"

Because we believe the task of being a youth sports coach is so important, we want to be sure we provide our coaches with as many tools as possible to create a rewarding and beneficial program, which is why we are excited to announce the



National Youth Sports Coaches Association to you. Each Truro Recreation Head Coach will be provided membership into the National Youth Sports Coaches Association and asked to complete the online training process (Online Clinic Procedures Attached.) "The National Youth Sports Coaches Association (NYSCA) is a

membership organization and the most widely used volunteer coach training program in the nation, having trained more than 2.5 million coaches since its inception in 1981. More than 3,000 community-based agencies and organizations have offered this opportunity."

### UPON COMPLETION OF THESE TRAININGS YOU WILL BE ISSUED A COACH JERSEY

Coaching Youth Sports

Specific Sport

Bully Prevention

Concussion

### INITIAL LEVEL MEMBERSHIP BENEFITS

Coaches that successfully complete the Initial Level Membership training, whether at a live on-site clinic or online, will automatically receive:

- \$1,000,000 liability insurance policy
- Youth Sports Journal (issued at clinic)
- E-Newsletter
- Interactive Clinic
- High quality membership card with key tag
- A subscription to *SportingKid* Magazine
- Certificate of Completion
- Exclusive Corporate Discount/Programs

Access to the NYSCA Online Member Area:

- Add additional sports to membership
- Review/print sport specific drills
- Review past issues of *SportingKid* magazine
- My coach rating page
- Renew membership online
- Communicate with players and parents
- Participate in sport specific volunteer coaching blogs
- Much more...

**Please complete the initial training and the specific training for the current season prior to beginning your practices or as soon as possible.**

Thank you for working with us to ensure that we provide the community with a safe and rewarding program for the youth of our community.

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## ONLINE CLINIC PROCEDURES

### How it Works

#### Important Notice:

**For insurance purposes, a NYSCA member 16-17 years of age must be coaching under the supervision of a NYSCA member 18 years of age or older. NYSCA membership is not available for coaches under the age of 16.**

- Step 1 Getting Started.** We have completed the registration process which includes providing your contact information and submitting payment. The cost of the Initial Level membership is \$20. Once we have completed the registration process, you will be notified of your login information to access the Online Clinic.
- Step 2 Viewing the Coaching Youth Sports Video.** After you have logged into the Online Clinic, you will begin the clinic by viewing each section of the Coaching Youth Sports video.
- Step 3 Completing the Coaching Youth Sports Exam.** This is the first exam to be completed. The exam consists of 15 multiple choice and true/false questions. You will receive immediate notification of your test score.
- Step 4 Signing the Coaches Code of Ethics Pledge.** After your successful completion of the exam, you will read and acknowledge (electronically agree to) the Coaches Code of Ethics Pledge.
- Step 5 Viewing the Sport Specific Video.** After you have completed the Coaching Youth Sports Video, Exam and Code of Ethics Pledge, you will return to the Clinic Menu where you will select your sport specific video. The video covers the fundamentals of the game for the sport selected.
- Step 6 Completing the Sport Specific Exam.** This is the final part of the training. The exam consists of 10 multiple choice and true/false questions. You will receive immediate notification of your test score. Once you have successfully completed this exam, you are a NYSCA member and qualify to receive all membership benefits including access to your personalized Member Area.