

# Health Fair!!

*Hosted by the Truro Council on Aging in conjunction with the  
VNA of Cape Cod*



## Screenings:

*Bone Density*  
*Blood Pressure*  
*Cholesterol*  
*Body Mass Index*  
*Glucose*

## Education:

*Reiki*  
*Nutrition/Cooking Demonstration*  
*Aromatherapy*  
*Chair Yoga*  
*Skin Care*  
*Fall Prevention*  
*Hospice*

**Truro Council on Aging, 7 Standish Way, North Truro**  
**Thursday, May 17, 2018**

**11:00 am- 2:00 pm**



**VISITING NURSE ASSOCIATION  
OF CAPE COD**

Member Cape Cod Healthcare

[www.vnapecod.org](http://www.vnapecod.org)

*For more information please call (508) 487-2462*