Truro Council on Aging Advisory Board November 8, 2023 Meeting Minutes

PRESENT: Dan Schreiner, Kevin Grunwald, Sue Irwin-Girard, Barbara Bond, Apryl Shenk, Carol Bishop, Kat Black, Cathy Staff (Friends of COA), Damian Clements, Bob Weinstein, Georgette Ducey and Michelle Peterson.

Meeting called to order at 9:00 am.

Kevin moved and Sue seconded the motion to approve the October minutes.

Motion passed unanimously.

 Georgette presented her report (available by request). She highlighted the meal deliveries, available utilizing volunteers, and the very successful health and wellness fair that was held on October 26.

 Michelle discussed her report (also available by request) highlighting new activities such as wreath making, holiday singing and caregiver support group.

 Barbara mentioned that 65 turkeys and chickens will be given away on November 17th. Santa's workshop program will be held December 12 and 13 here at the community center for Provincetown, Truro and Welffleet.

 Discussion occurred about Nauset Neighbors and how we can recruit the ten volunteers needed for us to be included in their program. Barbara will check on it.

 Cathy Staff gave a report on the recent funding of meals, food for the Health Fair and activities such as wreath making, by the Friends of the Truro COA.

Cathy reported that the Friends would be interested in sponsoring a bottle
collection fundraiser if a volunteer coordinator can be identified. Damian said he
has had interest in that and will follow up with the Friends.

Kat will write an article for the January/ February newsletter about the Friends

contributions. She will contact Jim Brown.

Sue reported on the Focus Group held on November 2. There were 16
attendees and a lot of appreciation for how far we have come in a year. Some
good suggestions, as well as the request to re-instate the activities/transportation
position that was lost at the beginning of the pandemic.

Damian let us know that their initial budget proposal is due to the Town Manager

and Select Board by November 22.

 Select Board member Bob Weinstein promised to advocate for the COA's request for the re-instatement of the activities/transportation position. He asked that members of our Board and/ or Truro seniors attend the budget hearings.

Michelle will let us know when those hearings are—in January 2024.

Kat and Apryl will facilitate and take notes at the November 18th focus group.

Next meeting is December 13th, at 9:00 am.

Meeting adjourned at 10:10 am.



