



RECREATION & BEACH DEPARTMENT

TRURO RECREATION AND BEACH

FALL/WINTER 2025-2026



@TruroRecBeach

7 Standish Way, N. Truro | 508-487-1632 | TruroCommunityServices.com

GENERAL INFORMATION

REGISTRATION AND PAYMENT

Registration occurs online at www.TruroCommunityServices.com and paid by credit card. Please contact the Recreation Department for assistance registering in person or over the phone.

FINANCIAL ASSISTANCE

Financial assistance is available for Truro residents through the Friends of Truro Recreation and the Dexter Keezer Community Fund.

- **Friends of Truro Recreation:** Please contact the Recreation Department at recreation@truro-ma.gov
- **Dexter Keezer:** Assistance is readily available to Truro residents in need due to illness, job loss, seasonal employment or lack of affordable housing. Since 1988 this fund has been able to assist individuals and families with such expenses as rent/mortgage payments, car repairs, home heating fuel and new eye glasses. The fund also responds to the needs of school children whose families are experiencing financial difficulties by assisting with costs related to after-school activities, recreational sports and musical instrument rentals. Inquiries and requests may be made through the school social worker Nancy Winslow, 508 -487-1558 ext. 208.

VOLUNTEER OPPORTUNITIES

We are seeking basketball coaches for the 2025-2026 season for grades K-6. Training is provided. Please contact Jen Andersen at jandersen@truro-ma.gov.

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DEPARTMENT INFORMATION

TRURO RECREATION AND BEACH DEPARTMENT

Phone: 508-487-1632

Address: 7 Standish Way, North Truro

Recreation Department Website: www.truro-ma.gov/recreation-department

Registration Website: TruroCommunityServices.com

Follow Us:   @TruroRecBeach

Beach Department Website: www.truro-ma.gov/beach-office

Other Important Numbers:

Community Center: 508-487-2462

Out-of-School Time Program: 508-776-5019

STAFF

Director of Community Services: Damion Clements, CPRP	E: dclements@truro-ma.gov
Deputy Director - Recreation and Beach: Jen Andersen, CPRP	E: jandersen@truro-ma.gov
Program Supervisor - OSTP: Adam Leiterman	E: aleiterman@truro-ma.gov
Asst. Program Supervisor - OSTP: Britta Lower	E: blower@truro-ma.gov
Program Leaders - OSTP: Julia Morris	E: jmorris@truro-ma.gov
Liam McNulty	E: mcnultyl@truro-ma.gov

FACILITIES



COMMUNITY CENTER

The Truro Community Center is home to the Community Services Department, Council on Aging, and Recreation Office. The building consists of a multi-purpose room, activity room, kitchen, and recreation lounge that are available to reserve by Truro residents and groups.

P: 508-487-2462

A: 7 Standish Way, North Truro

W: www.truro-ma.gov/community-services-department



PUMA PARK

Puma Park, located behind the Truro Community Center, is an accessible and multi-generational space. The park includes a playground, adult fitness stations, and plenty of shady and sunny seating and picnic areas.

The nautical-themed playground offers areas for ages 2-5 and 5-12 with slides, playhouses, climbing structures, a tot swing, handicapped swing, and two belt swings. The adult fitness station area includes elliptical trainers, a recumbent bike, upper body bike, high/low/parallel/slanted bars, and wobble board.

Supervision of children is required. No dogs are allowed.



SNOW'S FIELD

Snows Field is located at 14 Snows Field Rd, Truro, MA. It is open to the public and home to Pumas youth soccer. It also has a beautiful baseball field and lots of parking available with easy access for all ages. Dogs are allowed.

UPCOMING COMMUNITY EVENTS



Holiday Decoration Drive

The Provincetown/Truro Recreation Departments are seeking new or used holiday decorations & LIGHTS!!

Please bring your donations to
Snows Field
(Snows Field Rd./Stillwell Rd. in Truro MA)
Monday - Friday 11AM-2PM
by December 5th, 2025

Some Items we are looking for:

- . Lights indoor/outdoor (working)
- . Artificial Christmas Trees
- . Wreaths
- . Garland

Made with PosterMyWall.com



ELKS HOOP SHOOT FREE THROW CONTEST

THE OPPORTUNITY TO PUT YOUR NAME IN THE NAISMITH MEMORIAL BASKETBALL HALL OF FAME.

CONTEST LOCATION: Truro Central School, 317 Rt.6, Truro, MA 02666

HOSTED BY: Truro Recreation & Beach LODGE NO. 2572

DATE: December 3, 2025 TIME: 3:30 pm - 5:00 pm

DIRECTOR: Bob Hammett CONTACT: (508) 255-4258

The Elks Hoop Shoot, funded by the Elks National Foundation, is a free throw contest for children ages 8 to 13. Age group is determined by contestant's age as of April 1, 2026. For more information, contact the Lodge Elks Hoop Shoot Director listed above or visit elks.org/hoopshoot.

Scan the QR Code for a registration form.

2730 N. Lakeview Ave. | Chicago, IL 60614 | 773/755-4758 | hoopshoot@elks.org | elks.org/hoopshoot



Join Truro, P-Town, and Wellfleet community members of all ages at a

Community Dinner

A free evening of connection and good food sponsored by
Truro Community Kitchen



Hosted monthly at
Truro Central School
Nov. 18, 6-7:30pm
Dec. 16, 6-7:30pm
More dates to come in 2026!

Please RSVP online at bit.ly/TCKdinners or scan QR code, or call us!

info@trurocommunitykitchen.org | 508-514-1833



2025 OUTER CAPE COMMUNITY FREE SKATE

Sponsored by Eastham, Provincetown, Truro & Wellfleet Recreation Departments

WEDNESDAY, DECEMBER 31

9:00-11:00 AM

CHARLES MOORE ARENA, ORLEANS

OPEN TO RESIDENTS OF THE OUTER CAPE

-  All children ages 12 and under must be accompanied by an adult.
-  It is strongly recommended that all children wear helmets. Helmets are no longer provided by the rink.
-  Rental skates available for no charge.

OUT OF SCHOOL TIME PROGRAM

ABOUT OSTP

The OSTP Program occurs during the academic school calendar year free of charge for all TCS students and Truro residents. The OSTP is held afterschool on regular school days and half days and holds full days on professional development and vacation weeks (excluding town-recognized holidays).

This program emphasizes project-based learning, academic support, social and emotional development, along with creativity and active exploration. It aims to foster both intellectual growth and personal development in a dynamic, engaging environment. This is achieved through various hands-on experiences that will nurture curiosity and community, such as homework, playtime, nature exploration, gardening, and much more!



The staff additionally oversees the summer rec program, childcare for Town events such as town meeting, and plans and leads community engagement events such as the Turkey Trot, Easter egg hunt and much more.

REGISTRATION

All first-time participants must complete an OSTP Membership Application prior to registering for any OSTP programs. During the academic year, OSTP registration occurs on a monthly basis and opens two weeks prior to the first of the month. You may select any number of days during that month. The summer rec program is a separate registration.

For a membership application and current offerings, please view our [Registration Page at www.trurocommunityservices.com](https://www.trurocommunityservices.com).

Program Schedule

- Regular School Days: 2:50 - 5:30pm
- Half Days: 11:30 am to 5:30 pm
- Professional Development Days: 8:30 am to 5:00 pm
- Vacation Weeks: (Excluding town-recognized holidays) 8:30 am to 5:00 pm



OSTP MONTHLY HIGHLIGHTS

SEPTEMBER THEME: WORKING TOGETHER TOPIC: IMPROVING COMMUNICATION

During September, the students settled in and dove into the theme of communication. They participated in engaging activities that explored non-verbal communication and active listening, and even took part in interactive gym exercises to build teamwork and connection.



OCTOBER THEME: WORKING AND HAVING A JOB TOPIC: THE WORLD OF WORK

During October, our students had the opportunity to learn about a variety of careers through visits from different professions. Each guest shared what a typical day in their job looks like and provided hands-on activities for the students to explore. In addition, the students created their own resumes and researched different careers they might be interested in when they grow up.

Thank you to all the visitors who took the time to speak with our students and share their experiences.



OSTP MONTHLY HIGHLIGHTS (cont.)

NOVEMBER THEME: WHAT WE DO OUTSIDE OF SCHOOL

TOPIC: FAMILY, COMMUNITY, FRIENDS, AND CULTURE

During November, our OSTP students took time to explore the many connections they have within the town of Truro. The main focus for this month was community. Their goal was to provide something to the community that everyone can enjoy. Together, they decided to re-paint the benches at PUMA Park to give the space a fresh, colorful look. The students worked hard all month long to make this project a success, and their efforts have truly brightened up the park for everyone to enjoy!



MONTHLY COMMUNITY PARTNERSHIPS

W.H.A.T THEATRE

Each month, students receive a two-week visit from the Wellfleet W.H.A.T. Theatre Company.

During this time, they engage in acting exercises, interactive games, script reading, and learn the logistics of putting on a show. The students become deeply involved in the process and always look forward to these sessions.

GARDENING

Every Tuesday, students assist with Sustainable CAPE to help keep the Truro Public Garden thriving. Along the way, they also got to enjoy the fruits and vegetables of their labor. They had another fantastic season and cannot wait to get back in the garden in March.

Be on the lookout for projects in January and February.



OUT OF SCHOOL TIME FLYERS

Truro Recreation and Beach Department

December OSTP

Registration Now Open

Available to Truro Residents
& Truro Central School
students ages 5-13 years old.



The following days are separate sign ups:
December 5th
December 19th
December 23rd
December 29th
December 30th

www.trurocommunityservices.com

For more information contact
Adam Leitman (508) 776-5019 aleitman@truro-ma.gov
Britta Lower (508) 776-5019 blower@truro-ma.gov

OSTP Activity Calendar
December 2025

Monthly Theme: What is it like to grow older
Topic: Family, Friends, Community, and Culture

MON	TUE	WED	THU	FRI
1 Learning how to budget money	2 Setting life goals	3 Wants Vs. Needs	4 Its on Sale!	5 Half Day @ Community Center
8 W.H.A.T Theater	9 Creating our family trees	10 Finishing family trees	11 Presenting our family trees	12 FUN FRIDAY @ Community Center
15 Cooking holiday foods from different cultures				19 OSTP at the school
22 Making Ornaments	23 Half Day @ Community Center	24 No OSTP Town Holiday		26 No OSTP
29 Full Day @ Community Center	30 Full Day @ Community Center	31 No OSTP Town Holiday	HAPPY HOLIDAYS	

For more information contact:
Adam Leitman: aleitman@truro-ma.gov
Britta Lower: blower@truro-ma.gov
Phone: (508) 776-5019

Calendar Subject to Change
Register at TruroCommunityServices.com

Truro OSTP 2025-2026 Academic Calendar

September 2025	October 2025	November 2025	December 2025
Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
January 2026	February 2026	March 2026	April 2026
Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
May 2026	June 2026	<p>Red No OSTP Program</p> <p>Blue (Community Center) Half day OSTP 11:30 am – 5:30 pm</p> <p>Green (Community Center) Full day 8:30 am-5:00 pm</p> <p>Bright Red No OSTP due to Town Holiday</p> <p>Truro Recreation and Beach 508-487-1632 www.TruroCommunityServices.com Schedule is subject to change. For Questions contact Adam Leitman aleitman@truro-ma.gov and Britta Lower: blower@truro-ma.gov</p> <p>The OSTP program runs weekdays from 2:50-5:30pm. The program is at TCS on Monday, Wednesday, and Thursday. It is at the Community Center on Tuesday and Friday, and all half days, full days, and vacation weekdays.</p>	
Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		

OSTP MONTHLY THEME BASED PROJECTS 25-26 SCHOOL YEAR

SEPTEMBER 2025

Theme: Working together
Topic: Improving communication

OCTOBER 2025

Theme: Working and having a job
Topic: The world of work

NOVEMBER 2025

Theme: What we do outside of school
Topic: Family, friends, community and culture

DECEMBER 2025

Theme: What is it like to grow older?
Topic: Family, friends, community and culture

JANUARY 2026

Theme: Learning new things
Topic: Expanding your horizons

FEBRUARY 2026

Theme: Understanding the scientific world
Topic: Science Exploration

MARCH 2026

Theme: What are the costs of energy use?
Topic: Powering our lives

APRIL 2026

Theme: Can we share planet Earth?
Topic: Looking after planet Earth

MAY 2026

Theme: STEM (Science, Technology, Engineering, Math)
Topic: Community Based Projects

JUNE 2026

Theme: Year in Review
Topic: Revisiting Topics of interest



TRUROCOMMUNITYSERVICES.COM

YOUTH PROGRAMS

YOUTH BASKETBALL

Youth basketball is open to children in grades K-6 who are either residents of Truro or attend Truro Central School.

Grades K-2 will learn the game of basketball and have fun with students of similar age and skill levels through an in-town practice once a week. If teams sufficiently develop basic skills and coaches believe teams are ready for games, efforts will be made to schedule games with other local teams.

Grades 3-6 participate in the Lower Cape Recreational League, an organized travel league that consists of municipal teams from Chatham to Provincetown. No experience is necessary. Participants will have one weeknight team practice and play one game a week against teams in the league at home and away.



Fees: \$20 Per Child. To pay by cash or check, please contact the Recreation Department.

Schedule: Season runs December - early March. Coaches will notify players and parents of practice days & times once they are determined.

CAPOEIRA

Join Andre Lima for Capoeira; an Afro-Brazilian art form that combines fight, dance, rhythm, and movement. Capoeira helps develop balance, coordination, a general level of fitness and flexibility, a sense of rhythm, and awareness of your own body. Capoeira is a fantastic opportunity for kids to be exposed to a unique blend of martial arts, music, culture, and camaraderie. Capoeira involves movement utilizing the entire body developing strength, coordination, and flexibility. Kids also get a chance to play traditional Capoeira instruments and learn to sing traditional Capoeira songs in Portuguese. Drop-ins welcome. For more information, contact Andre Lima at 774-208-1874.

Location: Truro Community Center

Day/Time: Saturdays, 9-10am **Cost:** FREE

ADULT PROGRAMS

CAPOEIRA

Join Andre Lima for Capoeira; an Afro-Brazilian art form that combines fight, dance, rhythm, and movement. Capoeira helps develop balance, coordination, a general level of fitness and flexibility, a sense of rhythm, and awareness of your own body. Capoeira involves movement utilizing the entire body developing strength, coordination, and flexibility. Drop-ins welcome. For more information, contact Andre Lima at 774-208-1874.



Location: Truro Community Center

Day/Time: Saturdays, 9-10am **Cost:** FREE

PICKLEBALL

An indoor multi-use court at the Community Center is available for private rental. Please call 508-487-2462 for more information.



TRURO YOGA

Led by Genevieve Morin and open to all levels. On Tuesdays, the focus is Upbeat, Fiery Flow (aka Sacred Training), Fridays is Gentle Restorative Flow, and Sundays is a playful and casual yoga experience is suitable for all levels.

Location: Truro Community Center

Day/Time: Tuesdays and Fridays, 9-10:30 am | Sundays, 10-11:30 am **Cost:** \$20/class

VOLLEYBALL

This is a drop-in program. Team Round Robin or player substitution. For more information, contact the program coordinators:

Brian Dunne: bdunne2000@hotmail.com

Arozana Davis: arozana@yahoo.com

Alice Gong: alicelgong@gmail.com



Location: Truro Community Center

Day/Time: Mondays and Wednesdays, 6-9 pm **Cost:** FREE

ZUMBA

Led by Erin Silva and perfect for everybody and every body! This class is designed to bring people together to sweat it on. We take the "work" out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba Fitness classes are often called exercise in disguise. Benefits: A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy, and a serious dose of awesome each time you leave class.

Location: Truro Community Center

Day/Time: Mondays, 9-10am **Cost:** \$10/class

BEACH DEPARTMENT

BEACH FIRES

Beach Fire Permits are issued year-round by the Truro Recreation & Beach Department or the Truro Fire Department. You must be a Truro Resident or staying in Truro (verification required) to apply. All orders must be placed online between 9:00 a.m. and 3:00 p.m. on the day you are requesting a beach fire. Permits are \$10 per fire and are non-refundable.



Inquiries

- In Season (third Saturday of June through Labor Day): Contact the Truro Beach Office at (508) 487-6983
- Off-Season: Contact the Truro Fire Department at (508) 487-7548

Website: www.truro-ma.gov/beach-office

OFF-ROAD VEHICLE PROGRAM



The Off-Road Vehicle (ORV) corridor is located on the bayside of Truro with access points at Beach Point Landing and Corn Hill Beach.

The ORV Program is available year-round to Truro residents and those staying in Truro (verification required). The ORV Program is available to non-residents in the off-season only.

Travel is only allowed on town-owned property and vehicles must have a properly affixed ORV sticker in order to drive on the beach (see below for ORV requirements). ORV stickers are required year-round.

Typically, ORV travel is permitted between the hours of 6:00 p.m. to 9:00 a.m. starting on the third Saturday in June through Labor Day. In the off-season, ORV access is open daily with a properly affixed ORV Beach Sticker.

Inquiries

- In Season (third Saturday of June through Labor Day): Contact the Truro Beach Office at (508) 487-6983
- Off-Season: Contact the Truro Recreation and Beach Department at (508) 487-1632

Website: www.truro-ma.gov/Off-Road-Vehicle-ORV-Program