### Announcements:

- A Special Town Election will be held to fill a vacancy on the Select Board on February 18, 2020 from 7:00 AM to 8:00 PM at the Truro Community Center. The term is until the next Annual Town Election scheduled for May 12, 2020. Absentee ballots for the Special Town Election are available at the Town Clerk's Office until 5 pm on Friday, February 14, 2020 for the Special Town Election. All completed absentee ballots must be received in the Town Clerk's Office by February 18, 2020. For more information, please contact the Town Clerk's Office
- Early voting for the March 3, 2020 Presidential Primaries will be open from Monday, February 24, 2020 to Friday, February 28, 2020 from 8:00 AM to 4:00 PM at the Town Clerk's Office at Truro Town Hall.
- Town Offices and the Truro Transfer Station will be closed in observance of Presidents Day on Monday, February 17<sup>th</sup>.

## This week's activities of note from the Town Manager's Office:

- I met with my counterparts from Brewster, Orleans, Eastham, and Wellfleet to continue our joint cable licensing negotiations. Our next step will be to meet with Lower Cape Television regarding its proposal for funding as it relates to the future cable contract.
- A draft of the FY2021 budget is prepared and now staff and I are working to fine-tune numbers prior to my formal budget submission to the Select Board.
- Firefighter Miskiv graduated from the Career Recruit Firefighter Training Academy today. Congratulations to Firefighter Miskiv on this achievement!

### **Upcoming Meetings:**

- February 18, 2020-Truro Cemetery Commission @ Truro Town Hall at 10:00 am.
- February 18, 2020-Climate Action Committee @ Truro Public Library at 4:00 pm.
- February 18, 2020-Board of Health @ Truro Town Hall at 4:30 pm.
- February 19, 2020-Planning Board Site Visit @ 4-H Bay View Rd and 3 Laura's Way at 2:30pm.
- February 19, 2020-Planning Board @ Truro Town Hall at 5:00 pm.

### **Department News:**

DPW

- As a reminder, the Transfer Station will be closed on February 17th for Presidents Day.
- The Board of Health has approved the Transfer Station fee schedule changes. The new fee schedule will be effective February 10, 2020. Please note there will be no changes to permit fees.
- DPW personnel worked with Mosquito staff this week to dredge parts of the Little Pamet River watershed. We hope to continue with them in the coming weeks.

### Harbor Master/Shellfish Constable

- Harbor Master Jackett met with the Barnstable County Shellfish Advisory Committee; Shellfish orders for 2020 were placed and an update on the pathology was given.
- Harbor Master Jackett spread oyster stock and shells around depleted areas.
- Big tides made for a good turn out for shellfish harvest over the weekend.

### Recreation/Beach

Recreation

- Youth Basketball practices and games continue.
- Pickleball Demonstration on Monday, 2/10/20, at the Community Center.
- Department works on improving radio communication for the beach operation.
- Department continues to contact seasonal staff from 2019 to invite them to return in 2020.
- Department is working with Fire Department to organize CPR/1<sup>st</sup> Aid training for Recreation & COA staff.

# Town of Truro Town Manager's Weekly Report

- Director Clements attended training on GIS
- Director Clements and Assistant Director Nunes are attending trainings to offer the following programs:
  - <u>The Walk with Ease Program</u> is an effective, evidence-based program that helps people with arthritis or other related conditions reduce pain, and increase their balance, strength and walking pace. Walk with Ease Program Leaders help arthritis pain sufferers build confidence in their ability to be physically active and show them how they can make physical activity part of their everyday lives. Leaders learn how to train others about the relationship between arthritis, exercise, and pain, and how to develop and implement a personal walking plan with realistic goats. Leaders are trained in how to share proven strategies and resources about how to maintain a long-term exercise routine. Leaders of the Walk with Ease program receive an Arthritis Foundation Certification, a Manual filled with exercise illustrations, health education information and other resources. The Walk with Ease program includes 6 weeks of 3 sessions per week. Group sizes ideally range from 10-15.
  - <u>The Matter of Balance Program</u> is an effective program that reduces the fear of falling and increases activity levels among older adults. Many older adults experience a fear of falling. People who develop this fear often limit their activities, which can result in physical weakness, making the risk of falling even greater. The MOB program includes 8 weekly 2-hour sessions for a small group of 8-12 participants led by trained facilitators (the MOB Coaches).
- February Vacation Youth Field Trips:
  - Wed. 2/19/20 Ten Pin Bowling/Arcade
  - Thur. 2/20/20 Billy Beez

## **Ongoing Activities**

- Walking Group Tuesdays at 9:00 am
- Indoor Walking: Various times at the Truro Community Center
- Zumba Fitness: Tuesdays & Thursdays, 8:30 am 9:30 am at the Truro Community Center Saturdays, 9:00 am – 10:00 am at the Truro Community Center
- Community Pickleball Mondays 4:00 pm 6:00 pm, Truro Community Center, Thursdays 2:00 pm 4:00 pm at the Truro Community Center, Fridays 5:30 pm 7:30 pm, Truro Central School, and Saturdays 10:30 am 1:30 pm, Truro Community Center
- Adult Indoor Soccer Mondays, 6:30 pm 8:30 pm, Truro Community Center
- Community Volleyball Wednesdays, 6:30 pm 9:30 pm, Truro Community Center

### Beach

- The Truro Beach Office is currently closed and will reopen on June 13, 2020.
- For inquiries about the beaches, please call (508)487-1632.
- Beach stickers are no longer required to access Truro beach parking lots. Beach stickers will be required on June 20, 2020.
- Truro ORV stickers can be purchased at the Licensing Desk at Truro Town Hall, 24 Town Hall Rd.
- Truro beach fire permits can be obtained by contacting the Truro Fire Department at (508) 487-7548

### Council on Aging

- Meeting with COA Board of Directors
- Interview with candidates for Van Driver position
- Regular Staff Meetings
- Dialogue with the Director monthly meeting
- Ongoing Activities
  - Dialogue with the Director
  - Art Gallery-February Gallery-Barbara Keraney
  - Chair Yoga
  - Ki Ching Exercise class
  - High Dune Bistro Community Luncheon

# Town of Truro Town Manager's Weekly Report

- Core & More
- Dr. Campo Foot Care Clinic
- Memoirs
- Men's Exercise Class
- Move & Stretch
- Strength Training
- Transportation
- White Line Open Studio
- Book Nook
- Puzzle/Games drop in

#### <u>Library</u>

- Saturday Winter Music continues with an appearance of "Jazzical Cats", whose members demonstrate jazz through the ages. The Jazzical Cats are Peggy Gerber, Michael Ryle, and Fred Fried. The concert begins at 1:00 p.m. at the library.
- Tai Chi with Sarah Beals on Friday afternoons at 2:00 p.m. through the month end of February.
- ONE UP GAMES! For ages 10 and up, on Friday, February 21, beginning at 10:00 a.m. This is a free play event, hosted by the eSport and gaming venue. Explore the virtual worlds with PSVR and Oculus Quest, and play the latest titles on Xbox One, PlayStation 4, and Nintendo Switch.
- Family Fort Night After Hours is February 28, beginning at 5:00 p.m. Families with children of all ages are invited to the library to build their own forts. Bring blankets, pillows, a flashlight, sheets and/or cardboard. The library has board games and plenty of books for inside the fort activities. Pizza and apple cider will be served.