

# Cape Cod Lifesaving Competition

## EQUIPMENT

### Standards:

1. Rescue buoys range in length from 2 to 6 feet. Cord length cannot exceed 6 feet; bottom of loop MUST be loop, not harness.
2. Paddleboards – maximum length is 12 feet. Boards must be used as an actual rescue board at the beach.
3. All equipment to be used in any event must be inspected by the line judge prior to the event.
4. Competitors are permitted to wear bathing suits and caps, hat, shirts and goggles only.
5. Each team will provide its own equipment.