

6 & Under

	Monday 13-Jul	Tuesday 14-Jul	Wednesday 15-Jul	Thursday 16-Jul	Friday 17-Jul
Ages 6 & Under	At TCS	At TCS	At TCS 	At TCS	At TCS 
Plan for the Day	Farmers' Market Trip	Cape Inflatables Trip	Superhero Day	Sandwich Trip	Relay Day
Drop Off Info	8- 9 am @ Truro Center	By 8:45 am @ TCS	8- 9 am @ TCS	By 8:30 am @ TCS	8- 9 am @ TCS
Pick Up Info	12:30 @ TCC or PM	2:30 @ TCC or PM	12:30 @ TCS or PM	3 PM @ TCC or PM	12:30 @ TCS or PM
Information To Know	Drop off in Truro Center at Truro Farmers' Market. Kids may (but are not required to) bring money	Wear sunscreen& Rec tshirt. Bring socks, towel, bathing suit, and change of clothes	Dress like your favorite superhero (a known hero or one you invented) for special superhero themed games & activities	Wear sunscreen & Rec tee. We will be visiting the Sandwich Fish Hatchery and the Heritage Museum and Gardens!	Get ready for classic relay races and challenges. Sneakers and socks are a MUST!
Rec-Creation	Veggie Prints	None 	Hero Masks& Hero Rolls	None 	Design your own medal

Ages 7 & 8

Ages 7 & 8	At TCS	At TCS	At TCS 	At TCS	At TCS
Plan for the Day	Farmers' Market Trip	Cape Inflatables Trip	Superhero Day	Sandwich Trip	Relay Day
Drop Off Info	8- 9 am @ Truro Center	By 8:45 am @ TCS	8- 9 am @ TCS	By 8:30 am @ TCS	8- 9 am @ TCS
Pick Up Info	12:30 @ TCC or PM	2:30 @ TCC or PM	12:30 @ TCS or PM	3 PM @ TCC or PM	12:30 @ TCS or PM
Information To Know	Drop off in Truro Center at Truro Farmers' Market. Kids may (but are not required to) bring money	Wear sunscreen& Rec tshirt. Bring socks, towel, bathing suit, and change of clothes	Dress like your favorite superhero (a known hero or one you invented) for special superhero themed games & activities	Wear sunscreen & Rec tee. We will be visiting the Sandwich Fish Hatchery and the Heritage Museum and Gardens!	Get ready for classic relay races and challenges. Sneakers and socks are a MUST!
Rec-Creation	Veggie Prints 	None	Hero Masks& Hero Rolls	None	Design your own medal

Ages 9,10 & 11

Ages 9, 10 & 11	At TCS	At TCS	At TCS 	At TCS	At TCS 
Plan for the Day	Farmers' Market Trip	Cape Inflatables Trip	Superhero Day	Sandwich Trip	Relay Day
Drop Off Info	8- 9 am @ Truro Center	By 8:45 am @ TCS	8- 9 am @ TCS	By 8:30 am @ TCS	8- 9 am @ TCS
Pick Up Info	12:30 @ TCC or PM	2:30 @ TCC or PM	12:30 @ TCS or PM	3 PM @ TCC or PM	12:30 @ TCS or PM
Information To Know	Drop off in Truro Center at Truro Farmers' Market. Kids may (but are not required to) bring money	Wear sunscreen& Rec tshirt. Bring socks, towel, bathing suit, and change of clothes	Dress like your favorite superhero (a known hero or one you invented) for special superhero themed games & activities	Wear sunscreen & Rec tee. We will be visiting the Sandwich Fish Hatchery and the Heritage Museum and Gardens!	Get ready for classic relay races and challenges. Sneakers and socks are a MUST!
Rec-Creation	Veggie Prints	None 	Hero Masks& Hero Rolls	None 	Design your own medal

Teens

Teens	At TCS	At TCS	At TCS 	At TCS	At TCC
Plan for the Day	Farmers' Market Trip	Cape Inflatables Trip	Superhero Day	Sandwich Trip	TCC Friday
Drop Off Info	8- 9 am @ Truro Center	By 8:45 am @ TCS	8- 9 am @ TCS	By 8:30 am @ TCS	8- 9 am @ TCC
Pick Up Info	12:30 @ TCC or PM	2:30 @ TCC or PM	12:30 @ TCS or PM	3 PM @ TCC or PM	12:30 @ TCC or PM
Information To Know	Drop off in Truro Center at Truro Farmers' Market. Kids may (but are not required to) bring money	Wear sunscreen& Rec tshirt. Bring socks, towel, bathing suit, and change of clothes	Dress like your favorite superhero (a known hero or one you invented) for special superhero themed games & activities	Wear sunscreen & Rec tee. We will be visiting the Sandwich Fish Hatchery and the Heritage Museum and Gardens!	Teens only at TCC for open gym, games in the Rec Lounge, etc.
Rec-Creation	Veggie Prints 	None	Hero Masks& Hero Rolls	None	Duct Tape Creations

All Ages

PM Program	At TCC	At TCC	At TCC	At TCC	At TCC
Plan for the Day	Regular Rec	Regular Rec	Regular Rec	Regular Rec	Regular Rec
Drop Off Info	1:00 at TCC OR Bus	1:00 at TCC OR Bus	3:30 at TCC OR Bus	1:00 at TCC OR Bus	1:00 at TCC OR Bus
Pick Up Info	4 or 5:30 at TCC	4 or 5:30 at TCC	4 or 5:30 at TCC	4 or 5:30 at TCC	4 or 5:30 at TCC
Information To Know	Music  Monday	Rec Recipes (moved from 7/8): Happy Trails Mix	Rec Recipes: Spiderman Pizzas	Gardening with Sustainable CAPE 	Regular Rec

PLEASE NOTE:

Children must be pre-registered to participate. Please login to www.activityreg.com to pre-register.

Pick ups after 4:05 pm will be charged the 5:30 rate. Activities subject to change.

WE ARE LOOKING FOR DONATIONS OF JUICE, FRUIT & ICE FOR LUAU DAY! Please consider donating :)