Truro Council on Aging
Advisory Board Meeting Minutes
March 20, 2024

PRESENT: Michelle Peterson, Director; Georgette Ducey, Outreach Coordinator; Dan Schreiner, Sue Girard-Irwin, Barbara Bond, Kevin Grunwald, Apryl Shenk, Debra & Carol. Also, from the Friends of the Truro Council on Aging: Joan Moriarty

- Meeting was called to order at 12:30pm
- Carol made a motion to approve the February minutes, Kevin seconded. Motion passed.
- Georgette gave the highlights of her report. She talked about the increasing
  participation numbers, meal deliveries, medical rides, etc. Sue made mention of
  possible food deliveries for groceries utilizing our transportation, Michelle suggested
  classes on how to use peapod. Possible use of student participation.
- Luncheon deliveries have become an issue for volunteers, costs etc. pick up vs. eat-in, also adding a designated dishwasher. (hired or volunteer?) trying to get more people to Dine-in and adding an increased fee for pick ups to cover packaging expenses.
- Positive feedback regarding tax workshop with more anticipated.
- Possible endorsement of Aqua Fund for assistance with town mandated septic upgrades,
   Michelle has been investigating how to get people help, locating multiple resources.
- Debunking myths and fears regarding reverse mortgages.
- Michelle gave her report.
- Senior Luncheon on Saturday April 20<sup>th</sup> from 1-4pm with the presentation of "Senior of the Year" being presented by Julian Cyr. Verifying he has all the pertinent information about the recipient.
- Review of new sample for the COA brochure draft distributed followed by how to proceed with printing, distribution, and printing.
- Barbara questions re: advertising, where we stand, distribution information (work in progress).
- Sue asked to postpone goals and objectives for the next meeting.
- Discussion followed by Barbara on the status of volunteers returning and increasing numbers to meet needs.
- Reminder about the spaghetti supper on 3/22 at the TCS.
- Joan reported from "Friends" that they have been able to help more now that Covid seems to be under control, and they have supplemented costs for supplies as needed.
- Discussed possible collaboration for fund raising, possibly a silent auction.
- Michelle mentioned the Outer Cape Solutions Grant for nursing services & Mental Health, she met with them and is positive about the initiative.
- Next meeting is scheduled for Aril 10<sup>th</sup> at 12:30pm
- Kevin mentioned keeping communication open with all state reps including Julian Cyr regarding our 65+ community when able to do so.

  Office of Town Clerk

11:13 AM

Apryl motion to adjourn, Dan 2<sup>nd</sup> all in favor, meeting adjourned at 1:30pm

Respectfully submitted,
Apryl Shenk

